HELPFUL TIPS: MOBILE DEVICE SECURITY

Privacy tips for Public Bodies/Trustees using mobile devices

This document is intended to provide general advice to organizations on how to protect personal information and personal health information when using mobile devices.

October 2015
Helpful Tips: Mobile Device Security

Privacy tips for Public Bodies/Trustees using mobile devices

Table of Contents

Background ................................................................................................................................. 2

Administrative Safeguards ........................................................................................................ 3
  1. Policies and Procedures ......................................................................................................... 3
     Bring Your Own Device (BYOD) Programs ........................................................................ 3

Technical Safeguards ............................................................................................................... 4
  1. Strong Passwords ................................................................................................................ 4
  2. Authentication ..................................................................................................................... 5
  3. Encryption .......................................................................................................................... 5
  4. System Integrity .................................................................................................................. 5
  5. Wireless Security ............................................................................................................... 5
  6. Data Wiping ......................................................................................................................... 6

Physical Safeguards ................................................................................................................. 6
  1. Mobile Device Loss ............................................................................................................. 6
  2. Proper Disposal .................................................................................................................. 7
BACKGROUND

Mobile computing and communication devices (mobile devices), such as the laptop computer, iPad, flash drive, PDA, BlackBerry®, cell phone, iPhone, etc. are common fixtures in the office environment. These devices have become indispensable because they are fast, easy to use, compact and portable. However, the convenience comes with some associated risks.

When it comes to the theft of a mobile device, it is tempting to think that thieves are most interested in the physical device. However, the reality is the information on the device is far more valuable. When one considers the confidential nature of the information that could be breached it is easy to understand its value, for example:

- Personal Health Information (PHI)
- Personal Information (PI)
  - Financial information – both personal (i.e. bank account information) & corporate (i.e. customer credit card information)
  - Social Insurance Numbers
  - Work History (i.e. performance reviews)
  - Personal contact information (i.e. phone numbers, e-mail lists)
- Meeting minutes
- Unpublished research drafts
- Decryption keys and passwords

Privacy breaches can have far reaching implications because of the nature of the information compromised and the number of individuals affected by it. There have been a number of high profile privacy breaches in Canada involving public bodies in the last few years. In some cases, these breaches have impacted millions of people.

As such, public bodies/trustees should ensure they have three kinds of safeguards in place to protect personal information and/or personal health information:

(1) administrative;
(2) technical; and
(3) physical safeguards.

The following helpful tips are targeted to public bodies and trustees.
Helpful Tips: Mobile Device Security

ADMINISTRATIVE SAFEGUARDS

1. Policies and Procedures

Organizations should have clear, written, comprehensive and enforceable policies and procedures to manage the use of mobile devices by employees. Random audits can assist with ensuring compliance with policies and procedures. Organizations should ensure that its policies and procedures are regularly reviewed and updated as necessary.

<table>
<thead>
<tr>
<th>Administrative Safeguards</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ Develop strong, written and enforceable policies and procedures specifically for the use of mobile devices:</td>
</tr>
<tr>
<td>- Make sure they address the following: (not a comprehensive list)</td>
</tr>
<tr>
<td>- Ensuring password-enabled screen locks are engaged</td>
</tr>
<tr>
<td>- Developing strong passwords and a schedule for changing them</td>
</tr>
<tr>
<td>- Rules around the sharing of passwords</td>
</tr>
<tr>
<td>- Step-by-step procedures for what to do if a device is lost or stolen</td>
</tr>
<tr>
<td>- A scheduled inventory of all mobile devices should be occurring</td>
</tr>
<tr>
<td>- Enable the ability to remotely wipe a device</td>
</tr>
<tr>
<td>- When using the device, de-identify PI/PHI whenever possible</td>
</tr>
<tr>
<td>- Avoid saving PI/PHI on the mobile device</td>
</tr>
<tr>
<td>- Use encryption</td>
</tr>
<tr>
<td>- How to identify and avoid unsecured networks</td>
</tr>
<tr>
<td>- Address BYOD (Bring Your Own Device) requirements</td>
</tr>
<tr>
<td>- Unauthorized users should not be allowed to use the device</td>
</tr>
<tr>
<td>- Employees should not download free applications or software</td>
</tr>
<tr>
<td>- How to properly dispose of a device when the organization no longer uses it</td>
</tr>
</tbody>
</table>

| □ Educate employees about the policies and procedures: |
| - Ensure the policies and procedures are easy for employees to understand |
| - Provide regular training sessions |
| - Ensure the policies and procedures are accessible |

Bring Your Own Device (BYOD) Programs

BYOD is an arrangement whereby an organization authorizes its employees to use personal mobile devices for both personal and business purposes. A BYOD specific policy should be developed which includes:
Helpful Tips: Mobile Device Security

- User responsibilities;
- How an organization may conduct reasonable and acceptable monitoring on a BYOD device;
- Whether geo-tracking information generated by the mobile device will be tracked by an organization;
- Acceptable and unacceptable uses of BYOD devices;
- Sharing of devices with family members or friends;
- Application (app) management;
- Data/voice plan responsibility;
- Device and information security requirements; and
- Access requests.

TECHNICAL SAFEGUARDS

1. Strong Passwords

The use of passwords is a basic security measure that should be taken. Strong passwords are comprised of at least eight characters, with 14 or more being the ideal. They can include a combination of upper and lower case letters, numbers and symbols, rather than dictionary words. Avoid using predictable passwords like birthdates, favorite sports teams or easy-to-guess dictionary words like “password” or “Letmein”. However, password phrases can be very good for example, “IwenttoballetinReginaon7thAve.”

Passwords should be changed frequently. As a result of the need for complex and frequently changed passwords, employees will often write down the passwords near or on their devices. Avoid writing passwords down and putting them in places that can be easily found.

Passwords should not be shared amongst employees.

In summary, here are some good practices for the use of passwords:

- Keep passwords confidential;
- Avoid writing down passwords;
- Use different passwords for unlocking the device and unlocking encrypted files;
- Use different passwords for different purposes (avoid using the same password for everything);
- Change passwords frequently;
- Consider using password phrases;
- Change assigned temporary passwords; and
- Do not reuse passwords.
2. **Authentication**

Authentication is the process of determining whether someone is who they declare to be. Multiple layer authentications are best with the user being required to provide at least two of the following:

(a) something they know (password matched with a username);
(b) something they have (such as a security token (e.g. a fob or swipe card). This is a physical device that an authorized user is given to ease authentication.);
(c) something they are (biometrics (fingerprints, iris scans).

3. **Encryption**

Encryption is a mathematical process that helps to disguise stored or transmitted data. It codifies ordinary data into what appears to be an unintelligible stream of random symbols. A “key” is required to decipher the data.

The effectiveness of the encryption depends on both the encryption software and the strength of the “key” used. Encryption standards are always evolving. Contact your IT Department for your organization’s encryption practices.

4. **System Integrity**

It is important to maintain system integrity and to avoid things that compromise it. Here are some things to consider:

- Make sure your device has anti-virus, malware and spyware software installed and enabled;
- Periodically run full system scans;
- Keep software up-to-date;
- Turn automatic updates ‘on’;
- Never download free software or applications from the internet without a high level of assurances that the product is safe;
- Consider using a firewall.

5. **Wireless Security**

Public wireless networks are by their nature open therefore not secure. Data transmitted by one device across the open airwaves can be picked up and read by another device. Here are some things to consider:

- Use encryption;
- Sufficiently de-identify the information;
- When using a laptop in a public place take steps to prevent others from seeing what you are working on;
Helpful Tips: Mobile Device Security

- Set your device so any wireless connection is off by default. Turn it on when needed;
- For confidential work, only use secure connections;

6. Data Wiping

Consider configuring your device so it can be ‘wiped’ remotely. Wiping occurs when the data on the device is deleted. This can be useful if the device is lost or stolen.

<table>
<thead>
<tr>
<th>Technical Safeguards</th>
</tr>
</thead>
<tbody>
<tr>
<td>☑ Use strong passwords</td>
</tr>
<tr>
<td>☑ Use multi-layer authentication</td>
</tr>
<tr>
<td>☑ Use encryption</td>
</tr>
<tr>
<td>☑ Protect the system’s integrity</td>
</tr>
<tr>
<td>☑ Only connect to secure wireless networks</td>
</tr>
</tbody>
</table>

**Physical Safeguards**

The following safeguards offer relatively inexpensive ways to ensure physical security of mobile devices:

- Do not leave mobile devices in vehicles. If it is necessary, lock the device in the trunk.
- Never leave the device unattended in a public place.
- Lock mobile devices away when not in use.

1. Mobile Device Loss

If your device is lost or stolen, report it immediately to your supervisor, your organization’s Privacy Officer and the police, if appropriate. Your organization will need to evaluate the incident and take any necessary steps to mitigate risks that may arise.

You may wish to consult our resource, *Privacy Breach Guidelines*, available on our website.
2. Proper Disposal

Thousands of surplus devices that once housed sensitive data are being stored, recycled or donated. Proper management of surplus devices is important to protect the PI/PHI that may still be on the device.

Here are some things to consider:

- Mobile devices should be properly secured until they are wiped clean of all data; and
- Prior to recycling, refurbishing or donation, wipe all data from the device including the hard drive.

<table>
<thead>
<tr>
<th>Physical Safeguards</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Do not leave your mobile device unattended</td>
</tr>
<tr>
<td>☐ Securely store mobile devices when not in use</td>
</tr>
<tr>
<td>☐ Report lost or stolen devices to your Privacy Officer and if appropriate, the police</td>
</tr>
<tr>
<td>☐ Safely dispose of mobile devices when no longer needed</td>
</tr>
</tbody>
</table>